

## Instructional Planner

Relationships, Health, Living in the Wider World **Go Givers**

|                               | Autumn 1   | Autumn 2  | Spring 1   | Spring 2   | Summer 1   | Summer 2   |
|-------------------------------|--|---|--|--|--|--|
| <b>Year 1 CIOS Curriculum</b> | Welcome to School                                    | People who care for us                                | Healthy Friendships  | Our Health   | We all have feelings   | Managing our time safely online: Jessie & Friends 1<br>Watching videos |
|                               | Emergencies and getting help                         | Rights Responsibilities and respect                   | Our bodies and boundaries – NSPCC PANTS                        | Healthy Food Choices   | Good and not so good feelings  |  |
| <b>Go Givers</b>              | Meet the Go- Givers<br>Vote for the Go-Givers        | The selfish little red hen.<br>Keeping safe at home   | Zoe's hearing loss (link with science and senses?)             | Protecting local habitats<br>The Power of Giving                   | Let's get active<br>Anna's Monster   | Plastic pollution<br>Expedition to planet Blueball                     |
| <b>Year 2 CIOS Curriculum</b> | Respecting Uniqueness                                | Learning about work                                   | Basic First Aid  | Keeping Our Teeth Clean  | Online interactions and information sharing: Jessie & Friends<br>Playing games 1 |  |
|                               | Our communities                                      | Horrible Hands  | Everyday Safety (focuses more on cleaning products, medicines) | Big Feelings   | Sharing photos online: Jessie & Friends<br>Sharing pictures 2                    | Jessie & Friends<br>Playing games 2                                    |
| <b>Go Givers</b>              | Looking out for Others<br>Vote for the Go Givers (2) | Litter – the picnic<br>Saving energy                  | Mary Seacole and Florence Nightingale<br>Celebrating the NHS   | Tongue: The power of words<br>Resilience- bouncing back            | Caring for pets<br>Taking responsibility   | Let's get active ( 2)<br>The golden statue                             |
| <b>Year 3 CIOS Curriculum</b> | World of Work  | Road Safety   | Physical Activity  | The internet and everyday life.<br>Turn off Let's Play             | Expressing Feelings  | Sun Safety   |
|                               | Spending and Saving Money                            | Teamwork Skills                                       | Everyday drugs   | Everyday feelings  | Strategies to support wellbeing  |  |
| <b>Go Givers</b>              | Rules<br>Animal Care- creature comforts              | Resilience (2)<br>More than One Friend                | Martin Luther King<br>Litter- the picnic (2)                   | Respect<br>Family Life   | The Value of Trees<br>Rights and Responsibilities                                | Stereotypes<br>My Community  |
| <b>Year 4 CIOS Curriculum</b> | What makes a good friend?                            | Resolving conflict and managing pressure              | Money choices  | Safely enjoying the online world. Play, like, share 1 – Alfie      | Play, like, share 3 – Fans   | The environment  |
|                               | Respecting Others                                    | Everyday safety and basic First Aid                   | Volunteering and citizenship                                   | Keeping personal information private. Play, like, share 2 – Magnus | Managing Feelings  |  |
| <b>Go Givers</b>              | Discrimination (1)<br>Democracy (part 1)             | Invaders and Settlers- coming to Britain<br>Migration | Martin Luther King<br>Children's rights                        | Where do you stand?<br>Obesity                                     | Protecting Local Habitats (2)<br>Disaster Quake                                  | Climate Change<br>Water: Our most precious resource                    |
| <b>Year 5</b>                 | Online Content                                       | A diverse community                                   | Online contact   | Mental Health and keeping well                                     | Illness  | Puberty 2- body changes  |

|                               |                                      |  |  |  |  |   |
|-------------------------------|--------------------------------------|--|--|--|--|---|
| <b>CIOS Curriculum</b>        | Respectful relationships             | Managing Challenge and Change  | Risk and peer pressure                     | Nutrition and Healthy Eating                               | Puberty 1  |   |
| <b>Go Givers</b>              | Discrimination<br>Democracy (part 2) | Nelson Mandela<br>Children's Rights (2)  | Individual Liberty<br>The Paralympic Games | How should we farm?<br>Fairtrade- Have a banana            | Care for the elderly<br>Bereavement  | Go Givers community centre<br>Bullying                                    |
| <b>Year 6 CIOS Curriculum</b> | Different types of families          | Social Media   | Spending decisions                         | Online friendships and keeping safe. Share Aware 1- Alex   | Keeping your body safe 1   | Feelings and common anxieties when changing schools                       |
|                               | Healthy / harmful relationships      |  | Exploring risk in relation to gambling     | Skills for using the internet safely. Share Aware 2 – Lucy | Consent - Keeping your body safe 2   | Changing schools  |
| <b>Go Givers</b>              | Discrimination<br>Democracy (part 3) | Inspirational women- Harriet Tubman, Jane Goodall, Mary Anning<br><b>Fake News</b> | <b>The Earth in our hands</b>              | Sea Safety   | The fear of failure- I'm no good at that<br>Preventing infectious diseases | Drugs, Alcohol and the Law<br>What is a charity?<br>What is philanthropy? |

| Assembly ideas | Autumn 1st  | Autumn 2nd  | Spring 1  | Spring 2                           | Summer 1   | Summer 2                                     |
|----------------|---|---|---|------------------------------------|--|--|
|                | Rules<br>Head Boy/ Girl assembly<br>Healthy Eating week (28 Sept- 4 Oct)<br>Black History month (Jack Leslie, Plymouth Argyle player) | Mental Health Awareness Day 10 October<br>Enterprise Day (3 Nov)<br>Road Safety Week (Nov 16 <sup>th</sup> – 22 <sup>nd</sup> ) | Safer Internet Day (11 <sup>th</sup> Feb, see Go Givers Assembly) | Earth Day (22 <sup>nd</sup> April) | Mental Health Awareness Week 18-24 May (theme is kindness) | World Environment Day (5 <sup>th</sup> June) |

