



Newsletter

Friday 6th March

Roche CP School
Rules for Life
Show good manners at all times
Follow instructions with thought
and care
Care for everyone and everything

Headteacher Awards

Awarded Friday 27th February

Reception Class

This week in Reception Class Merryn won an award for her great story telling on her story mountain. Well done Merryn you had some super ideas and a great structure. Aria got the second award for some great independent writing for her morning work on Friday. She created some great labels for her fire engine image. She has also been making great progress in Phonics!

Year 1

Hope, for brilliant Art work making tube towers for our new topic 3D structures. Hope's structure was colourful and creative and she followed the instructions well. Great work Hope! Emily, working really hard in Phonics lessons this week. Writing her words accurately and impressing with her reading. Well done Emily!

Year 2

Year 2's certificates go to Grayson and Oliver Birch. Grayson has been a superstar this week. He has two completely new groups that he has progressed into, comprehension and spellings. He has fitted in amazingly and has already started working hard in both groups. Well done Grayson! Oliver Birch has had a fantastic week! He has been really focussed during lesson time and has been really proactive in his learning. He has put 100% effort into all his work. Well done Oliver!

Year 3

Headteacher's awards last week went to Lola L, Olivia D and Jago. They all worked really hard in Maths where we had been learning division. They listened well and understood the concept. They also presented their work to a high standard. This week we are learning fractions and they are continuing to show fantastic learning behaviours. Congratulations to all three!

Year 4

Lexi Y has had a wonderful start to the term, engaging with her learning and contributing positively to Year 4. This week she has interacted brilliantly as part of the Year 4 team. Jake has also shown outstanding dedication and motivation towards his learning, bringing great energy and enthusiasm to every lesson. He has been a great ambassador for Year 4.

Year 5

Charlie has been a role model to the whole class demonstrating outstanding behaviour for learning. He has been very kind and thoughtful towards his peers, being a fantastic learning partner. Bradley has worked hard this week making good decisions to support his learning. He demonstrated perseverance and resilience. Keep up the good work Bradley!

Year 6

Archie R has had a brilliant week. He worked really hard in shared reading and really engaged with the learning. He has also really improved his times table score and has made us laugh this week with his lovely personality. Edie did so well in her times table test and really improved her score. She always tries so hard with her learning and we will really miss her!

WORLD
**BOOK
DAY**[®]

 **BRITISH
SCIENCE
WEEK**

To celebrate World Book day (Thursday 5th March) and British Science Week (6-15 March 2026), Roche undertook a Super Learning Morning!

We got into vertical groups so that we could **support each other** with the activities. We **listened to a story** and **watched our teacher** complete a Science activity before completing it



Reception Class Home learning



Matilda has been busy this week, just look at the fantastic fire engine she created. She carefully used her cutting skills and thought closely about where each part should go on the fire engine. Matilda was inspired by our recent visit from the Fire Service, which has linked perfectly to our topic, 'People Who Help Us' Well done Matilda, we are very impressed!

Photos From Home

We received these lovely photos from the Reed family this week. Who went on an adventure to the historic Lanhydrock House.

Aria was particularly interested in looking at the old fire engine, she discovered it dated back to 1880. Aria enjoyed comparing how different this fire engine was from the modern fire engine that helps us today.

Rio and Ryder enjoyed learning about how children lived in the Victorian times, and even tried on some of the clothes they wore!

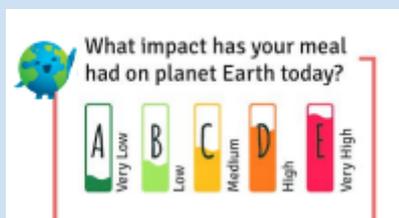
Thank you for sharing



This week our wonderful kitchen staff have been busy cooking up some delicious meals for the children. The smell coming from the kitchen was amazing!

Here are some pictures of the tasty roast dinner that was served, Roast Wednesdays are always a big hit, and the children really look forward to them each week.

Big thank you to our fantastic kitchen staff for all their hard work preparing such lovely meals to enjoy.



The kitchen staff served 68 pasties on Thursday to celebrate St Pirrans Day in school!



DATES FOR YOUR DIARY

DATE	EVENT	
Thursday 12th March	Boys TPAT Football	Brannel  ParentPay
Week beginning: Monday 9th March	No Spellings this week	Whole School
Tuesday 10th March	Vet Visit	Reception Class
Wednesday 11th March	Red Noses On Sale—£2	Mr Walden's Office at Lunchtime
Wednesday 18th March	Year 4 Multiplication Meeting	Year 4 classroom—5pm
Friday 20th March	Comic Relief Day - Wear Red	Whole School.
Monday 23rd March	Return Class Cup	Spring 1 Cup Winners
Monday 23rd March	Year 1 Class Trip	Heligan  ParentPay
Friday 27th March	Police Visit	Reception
Tuesday 31st March	Year 3 Songfest	Hall for Cornwall  ParentPay
Tuesday 31st March	Last London Payment Due	Year 6  ParentPay
Thursday 2nd April	Year 4 Trip	Lanhydrock House  ParentPay
Thursday 3rd April	Bank Holiday	Whole school
Friday 3rd April	INSET DAY	Whole School
Monday 20th April	Return to School	Whole School
Monday 4th May	Bank Holiday	Whole School

Congratulations to our Ready

Readers!

Samuel—Y5

Damian—Y5

Independent Readers

Bailey—Y5

Charlie Y5

Ivy—Y4

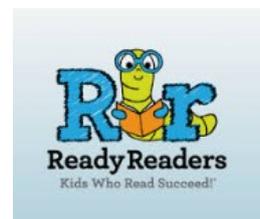
Lexi—Y5

Rising Reader level

Oskar—Y3

Star Reader

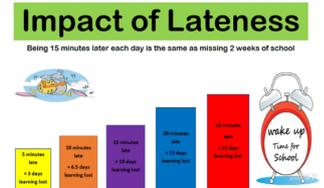
Arwen—Y5



Attendance



Reception	90.5%
Year 1	97.5%
Year 2	98.2%
Year 3	95.9%
Year 4	95.4%
Year 5	95%
Year 6	98%



Congratulations

Reception Class, Year 1, Year 2, and Year 6 have all gained an extra 10 minutes fun playtime this week.

Which classes will win next week?

Could you be a Local Monitoring Committee Member?

Dear Parents and Carers

We are currently looking for people to join our Local Monitoring Committee (LMC), what used to be called Governors.

The LMC meets once each half term to discuss strategic as well as operational matters that influence how we lead all aspects of school. As well as attending meetings, LMC members may be involved in appointment of new staff and evaluation of aspects of school through visits.

If this is an opportunity that interests you, please contact me to discuss things further.

JWalden@roche.tpacademytrust.org

Reception Class

Reminder that your child brings in a teddy from home next week for the vet visit.

Thank you



Roche School V Carbeile School

On Thursday 5th March, our Year 5 and 6 boys' football team played a cup match against Carbeile School. The team travelled all the way from Plymouth for the match.

It was a fantastic game, ending in a great 6-4 win for Roche.

Freddie worked hard in defence, making it difficult for the opposition to get the ball past. Bradley B scored a goal, and Callum scored 5 goals for the team. Bradley—Y6, assisted some of the winning goals also. Well done to our goalie Mylor, who did a great job.

It was a real team effort, well done boys!



To raise funds for Red Nose Day, we have managed to secure some of their Design-Yer-Nose



They will be on sale on Wednesday 11th March at lunch time for £2.00, in Mr Walden's Office.

There is a limited amount of 60!

Alongside this, we are running a Best Nose competition where you could win the official Mr Doodle hat especially designed for Red Nose Day! To enter this competition (with a nose you have purchased from school OR elsewhere) will cost 50p.

On Friday 20th March we invite you to "wear red" for a donation of £1

**DESIGN-YER
NOSE
FEATURING
MR DOODLE**



Mindful March 2026

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

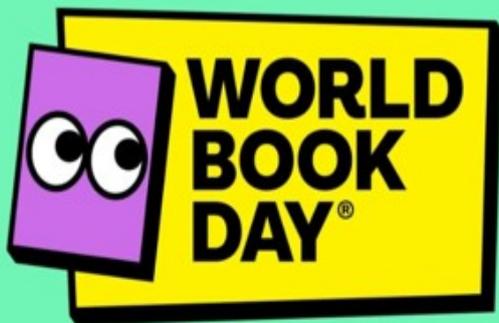
SATURDAY

- 1 Set an intention to live with awareness and kindness
- 2 Notice three things you find beautiful in the outside world
- 3 Start today by appreciating your body and that you're alive
- 4 Notice how you speak to yourself and choose to use kind words
- 5 Bring to mind people you care about and send love to them
- 6 If you find yourself rushing, make an effort to slow down
- 7 Take three calm breaths at regular intervals during your day
- 8 Eat mindfully. Appreciate the taste, texture and smell of your food
- 9 Take a full breath in and out before you reply to others
- 10 Get outside and notice how the weather feels on your face
- 11 Stay fully present while drinking your cup of tea or coffee
- 12 Listen deeply to someone and really hear what they are saying
- 13 Pause to watch the sky or clouds for a few minutes today
- 14 Find ways to enjoy any chores or tasks that you do
- 15 Stop. Breathe. Notice. Repeat regularly
- 16 Get really absorbed with an interesting or creative activity
- 17 Look around and spot three things you find unusual or pleasant
- 18 Have a 'no plans' day and notice how that feels
- 19 Cultivate a feeling of loving-kindness towards others today
- 20 Focus on what makes you and others happy today
- 21 Listen to a piece of music without doing anything else
- 22 Notice something that is going well, even if today feels difficult
- 23 Tune into your feelings, without judging or trying to change them
- 24 Appreciate your hands and all the things they enable you to do
- 25 Focus your attention on the good things you take for granted
- 26 Choose to spend less time looking at screens today
- 27 Appreciate nature around you, wherever you are
- 28 Notice when you're tired and take a break as soon as possible
- 29 Choose a different route today and see what you notice
- 30 Mentally scan your body and notice what it is feeling
- 31 Discover the joy in the simple things of life



ACTION FOR HAPPINESS

Happier · Kinder · Together

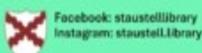


Book Giveaway!

Members from Soroptimist International St Austell & District will be here offering FREE children's books! For ages 0-teens.

St Austell Library
Sat 7th March
10.00am-12.00pm

For more info, call 0300 1234 111,
 or email: staustell.library@liscornwall.org.uk



Soroptimist International
 www.sigbi.org/st-austell-and-district
 Email: soroptimiststaustell@gmail.com
 Facebook: Soroptimist International St Austell & District






MHST Wild Wellbeing

MHST, in collaboration with Natural England, Cornwall Wildlife Trust and National Trust, would like you to join us on a FREE Wild Wellbeing session in Cornwall.

This is for parents and children aged 5-12 in Cornwall to help understand and support emotional and mental wellbeing.
 Please book EACH child on to a session
 Each session will last approx. 2 hours

Locations and dates:

- 07 April - Golitha Falls
- 07 April - The Gardeners House, Penzance
- 14 & 15 April - Penrose Estate
- 16 April - St Ives Community Orchard

More sites and dates may be added so keep checking!

All sessions will begin at 10am. Please wear weather appropriate clothing!

To request a place, complete the online form
<https://forms.office.com/e/CdbKBnMH0q>



Scan to sign up

Please be aware that spaces are limited and assigned on a first-come, first-served basis. If you cannot attend after being allocated a place, inform us so we can give your spot to someone else.

Follow us on Facebook for updates and upcoming events:
 Cornwall Mental Health Support Team (MHST)