



# Newsletter

**Roche CP School**  
**Rules for Life**  
Show good manners at all times  
Follow instructions with thought  
and care  
Care for everyone and everything

## Headteacher Awards

Friday 27th June

### Reception

Stanley, for super effort in all areas of learning and being a kind and helpful friend.

Theo, for having a great imagination and being able to construct with a purpose in mind.

### Year 1

Oliver C, for working hard in maths and learning the time to the nearest hour and half past the hour.

Cooper, for using his sounds in English to write his stories.

### Year 2

Sam, for his amazing knowledge in all things Geography related. Sam will always have his hand up ready with answers and interesting facts. Mrs Austin has been wowed by Sam's knowledge of the world.

Mia M, for being a valuable part of the class and a great caring friend. When one member of the class was injured Mia came to the rescue helping her friend complete her work.

### Year 3

Headteacher awards went to Seth and Vinnie last week. Well done to Seth for completing the Arithmetic and two Reasoning tests on Maths.co.uk for the first time which are carried out on an iPad. It can be quite tricky navigating your way through all the different style questions and knowing which buttons to press or items to drag but Seth coped brilliantly. He showed resilience and patience which paid off by earning him a good final score. Congratulations also to Vinnie for being a superstar at rounders! Year 3 have been learning how to play rounders' and Vinnie has quickly picked this up. He is an amazing fielder, giving 100%, running everywhere to try and win the ball. He had some super catches and caught his opponents out. When batting, his hand to eye coordination is great and he scored some rounds. Well done Vinnie!

### Year 4

Benjamin, for his incredible energy during our music workshop. His confidence and creativity really shone especially when he had the mic beatboxing.

Florence, for showing amazing dedication this week, giving 100% in every subject. She truly thrived in our music workshop, bringing passion and positivity to every beat.

### Year 5

Harry, for showing compassion and empathy to a pupil who was really struggling at breakfast club.

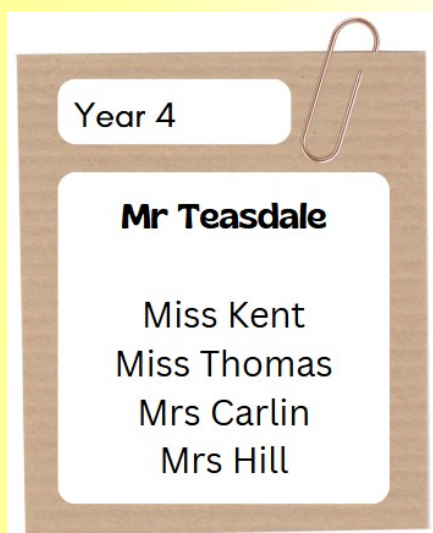
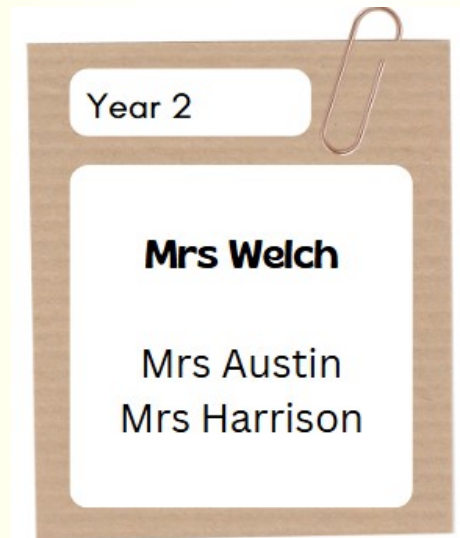
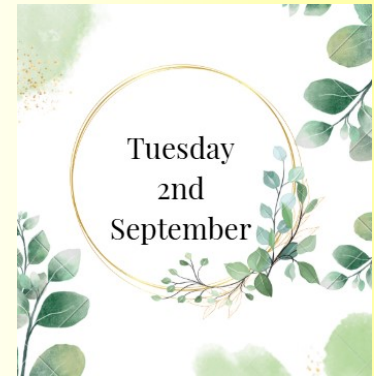
Bea, for being an amazing and supportive friend. A simply awesome trait to have.

### Year 6

Lexi, amazing enthusiasm and keeping it up all week.

Kezia, amazing Geography work using map co-ordinates and being a super efficient prompter in our play.

# Staffing For September



# **DATES FOR YOUR DIARY**

DATE	EVENT	PLACE
<b>Monday 7th July</b>	<b>Brannel Transition Day</b>	<b>Brannel School</b>
<b>Monday 7th July</b>	<b>Last Week of Clubs</b>	<b>In School</b>
<b>Tues 8th/ 9th July</b>	<b>New starter Parent Calls</b>	<b>Telephone</b>
<b>Monday 14th July</b>	<b>Reception Class Trip</b>	<b>Newquay Zoo</b>
<b>Tuesday 15th July</b>	<b>Transition morning/Meet the new Teachers</b>	
<b>Tuesday 15th &amp; Wednesday 16th July</b>	<b>Year 6 End of Year Performance</b>	<b>In School 6pm</b>
<b>Wednesday 16th July</b>	<b>Y5 Brannel Transition Day</b>	<b>Brannel School</b>
<b>Wednesday 16th July</b>	<b>New Starters Meet &amp; Greet</b>	<b>In School</b>
<b>Thursday 17th July</b>	<b>Year 6 Leavers Meal</b>	<b>Hubbox Pentewan</b>
<b>Friday 18th July</b>	<b>Year 6 Leavers assembly</b>	<b>In School ( Year 6 ONLY)</b>
<b>Friday 18th July</b>	<b>End Of Summer Term</b>	
<b>Tuesday 2nd September</b>	<b>RETURN TO SCHOOL</b>	

**Please note that you can find all our upcoming dates on our school website in the Upcoming Events Section.**

**<https://rohecpschool.eschools.co.uk/web>**

# Photo's From Home

## Congratulations



Well done to Lexi for winning the Player's Player award this season.

Lexi is very passionate about her football and she really has shone on our girl's football team this year. We wish you well for next season Lexi.



## Success



Rio was awarded 'Beaver of the week' for his excellent knot tying skills. Rio independently learnt how tie a 'reef knot'

What a great skill to have Rio, we look forward to seeing what you learn in the future at Beavers.

## Congratulations



Isla in our reception class has impressed us this week! Isla gained her 1st swimming medal for swimming 5 meters.

Keep up the great work Isla and thank you for sharing.





## **Tech Girls Club**

Mrs Gardner and her Tech Club girls, had a fantastic time at the Tech Girls event on Tuesday. The children were all very creative and decorated their house with great detail. Mrs Gardener was super proud of the girls. All the girls represented the school to a high standard. High five girls!



# YEAR ONE



Year One had a super time at Newquay Life Boat Station this week. We learnt about how the RNLI team are hand at all times. Most of the team are volunteers and they solely rely on donations each year to provide this service.

We held a cake sale after school because as a class we wanted to help The RNLI. We raised a staggering £167.90! We were extremely please by this amount and wanted to say a special thank you to our parents for making this happen.



# Attendance



Reception 94.29%

Year 1 100%

Year 2 98.33%

Year 3 95.24%

Year 4 96.55%

Year 5 92.59%

Year 6 95.37%







If your child was  
Awarded Class Cup last term,  
can it please be returned to  
the office next week.

Thank you

## CLUBS

Please note Week beginning Monday  
7th July will be our last week of clubs.

Both Mr Walden's Football club is now  
finished for the term.

## Football Kits

Can any football kits, netball  
kits and X-country tops that  
you may have at home please  
be returned to the office  
please.

Jump Back Up July 2025

MONDAY



TUESDAY

1 Take a small step to help overcome a problem or worry

WEDNESDAY

2 Adopt a growth mindset. Change "I can't" into "I can't...yet"

THURSDAY

3 Be willing to ask for help when you need it

FRIDAY

4 Find something to look forward to today

SATURDAY

5 Get the basics right: eat well, exercise and go to bed on time

SUNDAY

6 Pause, breathe and feel your feet firmly on the ground

7 Shift your mood by doing something you really enjoy

8 Avoid saying "must" or "should" to yourself today

9 Put a problem in perspective by seeing the bigger picture

10 Reach out to someone you trust and share your feelings with them

11 Look for something positive in a difficult situation

12 Write your worries down and save them for a specific 'worry time'

13 Challenge negative thoughts. Find an alternative interpretation

14 Get outside and move to help clear your head

15 Set yourself an achievable goal and take the first step

16 Find fun ways to distract yourself from unhelpful thoughts

17 Use one of your strengths to overcome a challenge today

18 Let go of the small stuff and focus on the things that matter

19 If you can't change it, change the way you think about it

20 When things go wrong, pause and be kind to yourself

21 Identify what helped you get through a tough time in your life

22 Find 3 things you feel hopeful about and write them down

23 Remember that all feelings and situations pass in time

24 Choose to see something good about what has gone wrong

25 Notice when you are feeling judgmental and be kind instead

26 Catch yourself over-reacting and take a deep breath

27 Write down 3 things you're grateful for (even if today was hard)

28 Think about what you can learn from a recent problem

29 Be a realistic optimist. Focus on what could go right

30 Reach out to a friend, family member or colleague for support

31 Remember we all struggle at times - it's part of being human



ACTION FOR HAPPINESS

Happier · Kinder · Together

